

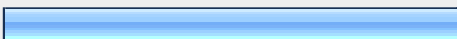
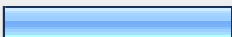
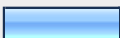


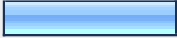

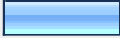


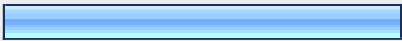


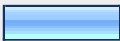
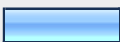
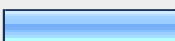
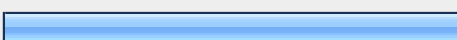


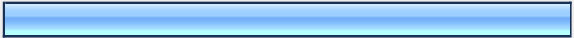
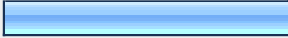

1. For how long have you suffered with BFS?			Response Percent	Response Count
0 - 3 months			6.3%	1
3 - 6 months			6.3%	1
6 - 12 months			0.0%	0
1 - 3 years			50.0%	8
3 - 5 years			25.0%	4
More than 5 years			12.5%	2
			<i>answered question</i>	16
			<i>skipped question</i>	0

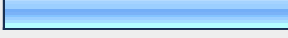

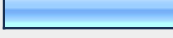
2. What are your symptoms?			Response Percent	Response Count
Muscle twitching			93.8%	15
Cramps			31.3%	5
Pain			18.8%	3
Tingling/pins and needles			31.3%	5
Weakness			12.5%	2
Other			12.5%	2
			Other (please specify)	4
			<i>answered question</i>	16
			<i>skipped question</i>	0

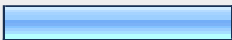

3. Who diagnosed you with BFS?			Response Percent	Response Count
A health professional			56.3%	9
I diagnosed it myself based on what I have read			43.8%	7
A friend diagnosed it			0.0%	0
Other			0.0%	0
		Comments		2
		answered question		16
		skipped question		0

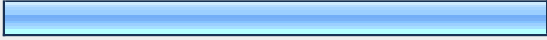
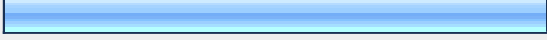
4. What part(s) of your body is affected?			Response Percent	Response Count
Arms			37.5%	6
Legs			62.5%	10
Chest			12.5%	2
Abdomen			12.5%	2
Face			18.8%	3
Whole body			50.0%	8
		Other (please specify)		8
		answered question		16
		skipped question		0

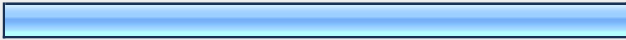

5. Was there any illness or event that you think may be associated with the start of your BFS symptoms?		
		Response Count
		14
<i>answered question</i>		14
<i>skipped question</i>		2


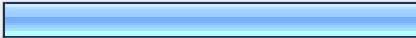
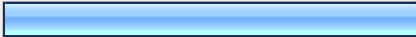
6. Is there anything that you do (such as exercise, eating certain foods, stress etc.) that aggravates your symptoms?			
		Response Percent	Response Count
Yes		62.5%	10
No		31.3%	5
Unsure		6.3%	1
If the answer is "Yes" please specify			11
<i>answered question</i>			16
<i>skipped question</i>			0

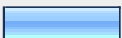
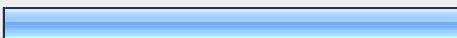
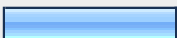

7. Have you found that there is anything you can do to alleviate your symptoms (apart from taking medication of any sort)?			
		Response Percent	Response Count
Yes		31.3%	5
No		50.0%	8
Not sure		18.8%	3
If "Yes" please specify			7
<i>answered question</i>			16
<i>skipped question</i>			0

8. Have you taken any prescription drugs specifically for your BFS symptoms?			Response Percent	Response Count
Yes			25.0%	4
No			75.0%	12
			<i>answered question</i>	16
			<i>skipped question</i>	0

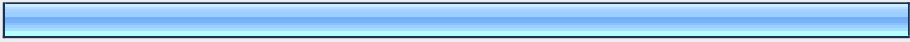
9. If the answer to the previous question is "yes", did the medication help your symptoms?			Response Percent	Response Count
Yes			60.0%	3
No			60.0%	3
Not sure			0.0%	0
Made them worse			0.0%	0
			Please add relevant comments here	3
			<i>answered question</i>	5
			<i>skipped question</i>	11

10. Are there any vitamins or other food supplements (apart from VitaSpice) that you have taken for your BFS symptoms?			Response Percent	Response Count
Yes			68.8%	11
No			31.3%	5
			If "Yes" please specify	10
			<i>answered question</i>	16
			<i>skipped question</i>	0

11. If the answer to the previous question is "Yes", did any of the supplements help your symptoms?			Response Percent	Response Count
Yes			9.1%	1
No			45.5%	5
Unsure			45.5%	5
Made them worse			0.0%	0
		Comments		6
		answered question		11
		skipped question		5

12. For how long have you been taking VitaSpice?			Response Percent	Response Count
1-2 months			12.5%	2
2-3 months			50.0%	8
3-4 months			18.8%	3
4-6 months			0.0%	0
More than 6 months			18.8%	3
		Other (please specify)		0
		answered question		16
		skipped question		0

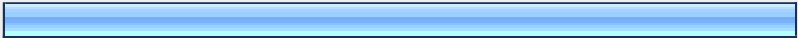
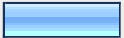
13. How many VitaSpice capsules have you been taking on a daily basis?

		Response Percent	Response Count
6 capsules daily (The recommended dosage)		100.0%	16
More than 6 capsules daily		0.0%	0
5 capsules daily		0.0%	0
4 capsules daily		0.0%	0
3 capsules daily		0.0%	0
2 capsules daily		0.0%	0
1 capsules daily		0.0%	0
Other (please specify)			3
		<i>answered question</i>	16
		<i>skipped question</i>	0



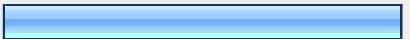
14. If you did not take the recommended dosage please give your reasons.

		Response Count
		1
		<i>answered question</i>
		1
		<i>skipped question</i>
		15

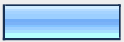


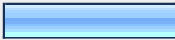

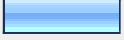
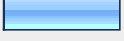
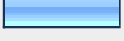
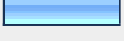
15. Did you have any side effects while taking VitaSpice?

		Response Percent	Response Count
No		87.5%	14
Yes		12.5%	2
Not sure		0.0%	0
If "Yes" please specify			2
answered question			16
skipped question			0

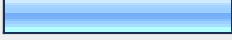
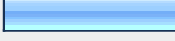
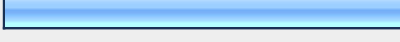
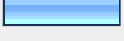
16. Did you find that taking VitaSpice alleviated your BFS symptoms?

		Response Percent	Response Count
Yes		37.5%	6
No		18.8%	3
Not sure		43.8%	7
answered question			16
skipped question			0



17. On a scale of 1 to 100 per cent ,to what degree do you think that VitaSpice helped your symptoms? (with 100% being the complete elimination of symptoms and 10% being a slight improvement)

		Response Percent	Response Count
100%		12.5%	2
90%		6.3%	1
80%		6.3%	1
70%		0.0%	0
60%		0.0%	0
50%		18.8%	3
40%		6.3%	1
30%		12.5%	2
20%		12.5%	2
10%		12.5%	2
0% - No improvement		12.5%	2
		Comments	8
		answered question	16
		skipped question	0

18. How does VitaSpice compare to other treatments that you have taken for BFS?

		Response Percent	Response Count
Much more effective		25.0%	4
Somewhat more effective		18.8%	3
The same as other treatments		43.8%	7
Less effective than other treatments		12.5%	2
		Other (please specify)	4
		answered question	16
		skipped question	0

19. While taking VitaSpice did you notice any improvements in your health other than BFS-related symptoms?

		Response Percent	Response Count
Yes		25.0%	4
No		75.0%	12
If "Yes" please elaborate			7
<i>answered question</i>			16
<i>skipped question</i>			0